

Traveller's Checklist

Before you go... ensure a safe and problem-free trip



Protect Yourself & Your Family

- Buy supplemental travel insurance.** Statistics show that 40% of travellers rely on their company or group plan, but be sure to read the fine print to see whether you will require additional insurance coverage.
- Check your travel insurance cancellation policies.** Under what circumstances will your policy refund your ticket in case you cancel your trip?
- Visit your family doctor to take care of health needs: vaccinations, prescriptions, medical certificates, supplies, extra eyeglasses, etc.

Prepare Paperwork & Documents

- Bring details of your insurance with you, so you know who to call in the event of an emergency (wallet card, toll-free numbers, etc.).
- Carry a passport that is valid well beyond the date of your anticipated return to Canada; keep a copy of the identification page separate from the original.
- Leave a copy of your insurance policy and passport identification page with friends or family.
- Obtain any required visas well in advance.
- If travelling with children, carry documentation proving your right to accompany them (consent letter, court order).
- Obtain an International Driving Permit, if required.

Travel Tips

- Finalize your itinerary (leave a copy with friends or family).
- Budget your expenses (don't forget about costs such as departure tax).
- Obtain foreign currency and traveller's cheques.
- Prepare for airport security (carefully pack and attend to your luggage).
- While away, keep receipts for purchases and make special arrangements for food, plants and animals brought back to Canada.
- Before you leave, adjust your thermostat and turn down the heat or turn off your air conditioner.
- Review your homeowner's insurance plan, as most plans require someone to check your home every 72 or 96 hours.
- Cancel your newspaper and ask a neighbour to take in your mail.
- Make sure to pack any medications in your carry-on bag, in case your luggage is lost.

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